

# SATURDAY 3/3



Not ready for  
yoga? How 'bout  
paintings?

## Open Chakras, Open House

What's that? You like your joints snapping when you wake up? Ah, yes. That's your morning soundtrack. And that hump in your back — endearing! But what if you could stave off the ravages of time with some yoga? We'll ease into it. Oh, look! **Red Pearl Yoga** (918 NE 20th Ave., Fort Lauderdale) is hosting an open house and art exhibit called "**Once Upon a Time**" on Satur-

day from 6 to 10 p.m. It includes a multimedia show, visual and performance art, a DJ, and munchies! It's free. Call 954-828-1651, or visit [www.redpearlyoga.com](http://www.redpearlyoga.com)

— TERRA SULLIVAN